

- 4.5 hours round trip from Interlaken
- 3 hours round trip from Därstetten
- 1.5 - 2 hours on the river
- Class II - III rapids
- Fun and easy rafting
- Free drink after the trip
- Minimum age 10

## RIVER RAFTING SIMME

From 116 CHF

The Simme is a scenic class II-III river located in the idyllic Simmental. This fun, easy rafting tour opens the challenges of whitewater to nearly everyone and is ideal for school groups, families, and companies. The Simme trip is available with departures from Interlaken and Därstetten.

### Trip Details

#### Prices

- Single Seat from Interlaken    CHF 139 per person
- Groups 10+ from Interlaken    CHF 125 per person
- 1 Charter Boat from Interlaken   CHF 1'050
- 2 Charter Boats from Interlaken   CHF 2'100
- Single Seat from Därstetten    CHF 129 per person
- Groups 10+ from Därstetten    CHF 116 per person
- 1 Charter Boat from Därstetten   CHF 990
- 2 Charter Boats from Därstetten   CHF 1'980

#### What to bring

- Swimsuit
- Towel

#### What's included

- All necessary rafting equipment
- Professional guides
- A free drink after the trip
- Pick up/drop off service from designated locations
- Changing rooms and hot showers (available at the base in Interlaken)

## Requirements

- Maximum weight 125kg (275lbs.)
- Minimum age 10
- Swimming ability is recommended but not required
- Good health is required to participate. Please read our [Terms and Conditions](#)

## Insider tips

- The river has small to mid-sized rapids, class II-III
- Transport from Interlaken takes approximately 30 minutes each way
- This is a great trip for groups and families
- Maximum 8 guests per boat and 1 guide
- This is a good wet weather option, and the trip runs in most conditions
- There are no showers at our base in Därstetten

## Cancellations

Cancellation requests must be made at least 48 hours before trip time to be eligible for a refund. For more details regarding our cancellation policy, please see our full → [Terms and Conditions](#)

## Itinerary

Departures from Interlaken:

1. Be ready for pick up at your designated meeting point 15 minutes before trip time or
2. Meet your guide at the rafting base in Interlaken 5 minutes before trip time
3. Our guides give the first briefing
4. Drive to the rafting location, approximately 40 minutes
5. Change into rafting gear
6. Receive instructions, training, comprehensive safety talk
7. Raft approximately 1.5 – 2 hours
8. Drive back to Interlaken
9. Change out of rafting gear
10. Enjoy a free drink
11. View and order your photos

Departures from Därstetten:

1. Meet your guide in Därstetten 5 minutes before trip time
2. Our guides give the first briefing
3. Change into rafting gear
4. Proceed to the rafting start location
5. Receive instructions, training, comprehensive safety talk
6. Raft approximately 1.5 – 2 hours
7. Change out of rafting gear
8. Enjoy a free drink

## Dates and Times

May 1st – September 30th

Please check the [calendar](#) for the current departure times

## Weather

Our rafting tours are some of our best rainy day activities, however they can still be affected by weather conditions and water levels. It is difficult to predict exactly how a trip will be impacted until the day of the activity, and we carefully monitor conditions to stay within our safety limits.

Please make sure we have good contact information for you so we can reach out if your trip is changed or cancelled due to poor conditions. If you have not heard from us, it means we are still planning to run your trip as scheduled, or we have not yet made a final decision based on the forecast.

If we are not able to run your trip, we will try to accommodate you on another date, another activity, or we will issue you a full refund.

For detailed advice on how to prepare for (and enjoy!) bad weather days in Interlaken, check out our → [weather blog](#)

## Meeting Points

During the booking process you will be asked to select your meeting point. Please check the map below before you make your booking. If you are unsure, select OUTDOOR - Interlaken Base and contact us before your trip if you would like to change it.